

## Individual Physical Exam Package (TAI-NAN)

Tel: 412-8006(For direct dialing from

			Minimum Exam	
Categories	Items	Descriptions / Prices	(M)\$6,500 (F)\$6,500	(M)\$8.500 (F)\$8,500
General	Body Height		(1)\$8,500	(1)\$8,500
	Body Weight	Basic information established as baseline data for	•	•
	Waistline		•	•
	Body Fat Percentage		•	•
	Ideal Body Weight		•	•
	Body Mass Index		•	•
	Composition elementary body		•	•
Examination	1. Weight of Muscle	subsequent health exams.		
LAUTINUIUN	2. Weight of Subcutaneous&Visceral Fat			
	3.weight of water		•	•
	4. Basal Metabolic Rate			
	5. Analysis of Obesity			
	6. Assessment of Edema			
	Blood Pressure(sitting)		•	•
	Pulse Rate		•	•
Physical	Physical Examination	A comprehensive inspection and assessment conducted	•	•
Examination		by a physician.	-	•
ung Examination	Chest X-ray,PA & L Lat. View	Pulmonary screening of inflammation, fibrosis,	•	•
<b>C</b>	Triglyceride	tuberculosis, tumors or cardiomegaly.		
		4		
	Total cholesterol			
	HDL-C	Risk factors of cardiovascular diseases or atherosclerosis	•	•
	LDL-C	for risk assessments of cardiovascular diseases.	•	•
	Total/HDL Ratio	4	•	•
	LDL/HDL ratio			•
Cardiovascular	Fasting blood sugar	Blood sugar level for diabetes screening.	•	•
		A form of hemoglobin that is measured primarily to		
and Metabolic	Hemoglobin A1c	identify the three-month average plasma glucose		•
System		concentration to evaluate blood sugar control.		
	AC Insulin	Insulin level assessment.	•	•
	Homeostasis Model Assessment of Insulin	Evaluating the ability of insulin to regulate blood sugar		
	Resistance	and determine if there is insulin resistance. This can be	•	•
		used to assess the risk of diabetes.		
	TSH	Screening for hyperthyroidism or hypothyroidism.	•	•
	Free T4		•	•
	Resting EKG	Screening of abnormalities such as myocardial ischemia,	•	•
		arrhythmia, cardiomegaly or bundle branch block.	•	-
	GOT, AST	Liver function testing for hepatitis or liver cirrhosis	•	•
	GPT, ALT	screening.	•	•
	Total protein	Liver function, kidney disease and nutritional status	•	•
	Albumin	assessments.	•	•
	Globulin	dssessments.	•	•
		A diagnostic marker for liver diseases caused by alcohol or drugs.		
	y-GT		•	•
	Alkaline phosphatase		•	•
Digestive System	Total bilirubin	The screening of bile duct anomalies, hemolysis or biliary	•	•
	Direct bilirubin	obstructions.	•	•
	HBsAg	The screening of hepatitis B virus infections or carriers.		•
	Anti-HBs	The screening of immunity against hepatitis B virus.		
		A test to screen gastrointestinal bleeding caused by		•
	OB, EIA	tumors, ulcers or inflammation.	•	•
		A sonography for screening liver, gallbladder, pancreas,		
	Upper Abdominal Sonography	spleen and kidney diseases, including stones, tumors, liver	•	•
		cirrhosis, fatty liver or structural anomalies.		
	Blood urea nitrogen	Kidney function assessment.	•	•
Kidney and Urology	Uric acid	An indicator for hyperuricemia or gout.		•
	Creatinine			
	eGFR	Kidney function assessment.		
		A routine urine test for the screening of renal/bladder		
	Urine routine examination and Sediment	diseases, urinary stone, urinary tract infection, diabetes or hepatobiliary disease.	•	•
Hematology	Complete Blood Counts			
	1. Leukocytes 2. Erythrocytes	The use of block call a such factoristic in the state of		
	3. Hemoglobin 4. Hematocrit	The use of blood cell counts for inflammation, infection or	•	•
	5. MCV 6. MCH 7. MCHC	anemia assessments.		
	8. RDW 9. Platelet			
	Differential Counts			
	1.Neutrophil 2.Lymphocyte	The screening of inflammation, infection, allergy or	-	_
	3.Monocyte 4.Eosinophil	leukemia.	•	•
	5.Basophil			
		Checking iron storage and evaluating iron deficiency		•
	Ferritin	anemia, chronic illness and chronic inflammation.		-
Tumor Biomarker	Alpha-fetoprotein	A diagnostic marker for liver cancer.	•	•
	CEA	A diagnostic marker for lung adenocarcioma, colon		
		cancer or gastrointestinal cancer.		· · ·



## Individual Physical Exam Package (TAI-NAN)

Cathay Healthcare Management Address : 2F., No.185, Sec. 1, Yongfu Rd., Tainan City, Taiwan

Tel : 412-8006(For direct dialing from mobile phones, please add 02.)

Categories	Items	Descriptions / Prices	Minimum Exam Economy Exa	
			(M)\$6,500	(M)\$8.500
			(F)\$6,500	(F)\$8,500
Tumor Biomarker	PSA	A diagnostic marker for prostate cancer.		Male Only
	CA 125	A diagnostic marker for ovarian cancer or endometrial cancer.		Female Only
Skeletal System	KUB & LS Spine Lateral View	The screening of bowel obstruction, gallstones, urinary stone or lumbar/pelvic/hip diseases.		•
	C-spine X-Ray	To detect abnormalities in cervical spines, including spurs, spondylolisthesis or intervertebral stenosis.		•
Eye Examination	Visual Acuity	Vision and color differentiation check up.	•	•
	Ishihara Test for Color vision		•	•
	intraocular pressure	Early screening of glaucoma based on the results of the intraocular pressure test.	•	•
ENT Examination	Hearing Test 500~4000Hz	Basic hearing test at different frequencies. (500, 1000, 2000 or 4000Hz)	•	•
Nutrient & Mineral	25-OH Vitamin D,Total	One kind of fat-soluble vitamin lipovitamin used for in vivo calcium and phosphrous homeostasis.		•
Consultation	Medical Consultation (On line)	A service provided by an attending physician, including report descriptions.	•	•
	Exclusive meal		•	•

Notes:

All of the above health services will be conducted in either Gong-Yi Clinic, excluding imaging examinations in which will be conducted in Cooperative Medical Institution. We have the right to change inspection contents, items or service fees. In case of any amendments, shall you adopt the most recent updates.

(2) If the above health examination programs were not to your satisfaction, please don't hesitate to contact us for further information or customized health examination programs. (2) The contents of the health examination ackage cannot be exchanged or refunded. An additional fee of \$1,000 will be charged for an English version of the report.
(4) Expiration Date:2025.01.01~2025.12.31