Individual Physical Exam Package (DUN-NAN)

Cathay Healthcare Management

Address : 3~4F., No.333, Sec. 2, Dunhua S. Rd., Da'an Dist., Taipei, 106

Categories	Items Descriptions / Prices		Economy Exam	Standard All-day Exam
			\$8,500	(M)\$15,300 (F)\$19,800
	Body Height	Basic information established as baseline data for subsequent health exams.	•	•
	Body Weight		•	•
	Waistline		•	•
	Body Fat Percentage Ideal Body Weight		•	•
	Body Mass Index		•	•
General Examination	Composition elementary body 1. Weight of Muscle			
	2. Weight of Subcutaneous&Visceral Fat 3.weight of water 4. Basal Metabolic Rate		•	•
	5. Analysis of Obesity 6. Assessment of Edema			
	Blood Pressure(sitting)		•	•
	Pulse Rate		•	•
Physical Examination	Physical Examination	A comprehensive inspection and assessment conducted by a physician.	•	٠
Lung Examination	Chest X-ray,PA & L Lat. View	Pulmonary screening of inflammation, fibrosis, tuberculosis, tumors or cardiomegaly.	•	٠
	Triglyceride	_	•	•
	Total cholesterol		•	•
	HDL-C	Risk factors of cardiovascular diseases or	•	•
	LDL-C	atherosclerosis for risk assessments of cardiovascular diseases.	•	٠
Cardiovascular	Total/HDL Ratio		•	•
and Metabolic	LDL/HDL ratio		•	•
System	NT-ProBNP	Risk assessment for cardiovascular diseases.	-	-
	Fasting blood sugar	Blood sugar level for diabetes screening.	•	•
	Hemoglobin A1c	A form of hemoglobin that is measured primarily to identify the three-month average plasma glucose concentration to evaluate blood sugar control.	•	•
	AC Insulin	Insulin level assessment.	•	•
		Evaluating the ability of insulin to regulate blood	_	
	Homeostasis Model Assessment of Insulin Resistance	sugar and determine if there is insulin resistance. This can be used to assess the risk of diabetes.	•	•
	TSH Free T4	Screening for hyperthyroidism or hypothyroidism.	•	•
	Thyroid ECHO	Ultrasound screening of goiter or thyroid neoplasm.	-	
Cardiovascular and Metabolic System	Resting EKG	Screening of abnormalities such as myocardial ischemia, arrhythmia, cardiomegaly or bundle branch block.	•	•
	Assessment of Atherosclerosis	Pulse wave velocity assessment in all four extremities for the screening of systemic arterial sclerosis or stenosis.		•
	10-year CVD Risk Score	An assessment used for 10-year cardiovascular risk prediction based on basic demographics and lipid profile.		•
	GOT, AST	Liver function testing for hepatitis or liver cirrhosis	•	•
	GPT, ALT	screening.	•	•
	Total protein	Liver function, kidney disease and nutritional status	•	•
	Albumin	assessments.	•	•
	Globulin	A diagnostic marker for liver diseases caused by	•	•
	y-GT	alcohol or drugs.	•	•
	Alkaline phosphatase	The screening of bile duct anomalies, hemolysis or – biliary obstructions.	•	•
	Total bilirubin Direct bilirubin		•	•
Digestive System	Anti-HCV	The screening of hepatitis C virus infections or	-	•
	HBsAg	carriers. The screening of hepatitis B virus infections or carriers.	•	•
	Anti-HBs	The screening of immunity against hepatitis B virus.	•	•
	OB, EIA	A test to screen gastrointestinal bleeding caused by tumors, ulcers or inflammation.	•	•
	Upper Abdominal Sonography	A sonography for screening liver, gallbladder, pancreas, spleen and kidney diseases, including stones, tumors, liver cirrhosis, fatty liver or structural anomalies.	•	•

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	Blood urea nitrogen	Kidney function assessment.	•	•
Kidney and Urology	Uric acid	An indicator for hyperuricemia or gout.	٠	•
	Creatinine	Kidney function assessment.	•	•
	eGFR		•	•
	Urine routine examination and Sediment	A routine urine test for the screening of renal/bladder diseases, urinary stone, urinary tract infection, diabetes or hepatobiliary disease.	•	•
Hematology	Complete Blood Counts 1. Leukocytes 2. Erythrocytes 3. Hemoglobin 4. Hematocrit 5. MCV 6. MCH 7. MCHC 8. RDW 9. Platelet Differential Counts	The use of blood cell counts for inflammation, infection or anemia assessments.	•	•
	1.Neutrophil 2.Lymphocyte 3.Monocyte 4.Eosinophil 5.Basophil	The screening of inflammation, infection, allergy or leukemia.	•	•
	Ferritin	Checking iron storage and evaluating iron deficiency anemia, chronic illness and chronic inflammation.	•	•
	Alpha-fetoprotein	A diagnostic marker for liver cancer.	•	•
	CEA	A diagnostic marker for lung adenocarcioma, colon cancer or gastrointestinal cancer.	•	•
Tumor Biomarker	CA19-9	A diagnostic marker for pancreatic cancer or bile duct cancer.		•
	PSA Free PSA	A diagnostic marker for prostate cancer.	Male Only	Male Only Male Only
	CA 125	A diagnostic marker for ovarian cancer or endometrial cancer.	Female Only	Female Only
	CA15-3	A diagnostic marker for breast cancer.		Female Only 1 (Choose one of the two
Female Breast Examination	Breast ECHO 3D Tomosynthesis	Screening breast disease like tumor, or cysts. Taking multi-angle images of the breasts and using computer reconstruction can more accurately distinguish real lesions from overlapping and uneven breast tissue, improving the accuracy of interpretation. It is recommended for women over 40 years old to undergo this examination.		Female Only 2 (Choose one of the two options)
Female medicine	Gynecology	Vaginal examination and history taking by an gynecologist.		Female Only
	Thin PREP Pap smear	A thin Prep cytological test (TCT) for the screening of cervical cancer		Female Only
	Gynecological ECHO	To check structural disease in the uterus or ovaries such as tumors or cysts.		Female Only
Skeletal System	KUB & LS Spine Lateral View	The screening of bowel obstruction, gallstones,urinary stone or lumbar/pelvic/hip diseases.	•	•
	C-spine X-Ray	To detect abnormalities in cervical spines, including spurs, spondylolisthesis or intervertebral stenosis.	•	•
Skeletal System	Left Hip,BMD	The use of "dual-energy X-ray absorptiometry (DEXA)" for key points bone mass measurement to screen bone mass reduction or osteoporosis.		•
	VeriOsteo OP	Utilizing AI algorithms to assess abnormalities in bone mineral density.	•	
Eye Examination	Optical Coherence Tomography	Check macular degeneration, retinopathy, and optic neuropathy.		•
	Visual Acuity Ishihara Test for Color vision	Vision and color differentiation check up.	•	•
	intraocular pressure	Early screening of glaucoma based on the results of the intraocular pressure test.	•	•
ENT Examination	Hearing Test 500~4000Hz	Basic hearing test at different frequencies. (500, 1000, 2000 or 4000Hz)	٠	
	Pure Tone Audiometry 500~8000Hz	An hearing test using a precision instrument in a confined space. (500, 1000, 2000, 3000, 4000, 6000 or 8000Hz)		•

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Nutrient & Mineral	25-OH Vitamin D,Total	One kind of fat-soluble vitamin lipovitamin used for in vivo calcium and phosphrous homeostasis.	•	•
	Vitamin B12	Also known as cobalamin, it can assist the metabolism of crbohydrate, protein and fat; maintain the normal function of the nervous system, promote the formation and regeneration of red blood cells, prevent anemia, and reduce the risk factor of vascular sclerosis homocysteine.		•
	Folic acid	The relationship between folic acid and vitamin B12 is very close, as they are key substances in the hematopoietic system, earning them the designation of hematopoietic vitamins. They are essential elements for the synthesis of red blood cells in the bone marrow, playing a crucial role in cell division. Additionally, they can reduce the risk factors for atherosclerosis, such as homocysteine.		•
Consultation	Medical Consultation	factors for atherosclerosis, such as homocysteine. A service provided by an attending physician, including report descriptions, patient education and recommendations for subsequent managements or follow-ups		•
Hea	Ith examination suit			•
	Exclusive meal		•	•

Notes:
(1) All of the above health services will be conducted in either Dun-Pina or Fu-Lin Clinic.
We have the right to change inspection contents, items or service fees. In case of any amendments, shall you adopt the most recent updates.
(2) If the above health examination programs were not to your satisfaction, please don't hesitate to contact us for further information or customized health examination programs.
(3) The contents of the health examination package cannot be exchanged or refunded.
(4) Expiration Date:2025.04.01-2025.12.31