Individual Physical Exam Package (DUN-NAN)

Cathay Healthcare Management

Address : 3~4F., No.333, Sec. 2, Dunhua S. Rd., Da'an Dist., Taipei, 106

			Standard	Standard		le phones, please add 02. Standard
Categories	ltems		+ Gastrointestinal	+ Cardiovascular	Standard +	+ Gastrointestinal &
		Descriptions / Prices	Exam	Exam	Lung Exam	Cardiovascular Exam
			(M)\$32,300 (F)\$36,800	(M)\$25,800 (F)\$30,300	(M)\$22,800 (F)\$27,300	(M)\$42,800 (F)\$47,300
		The use of "narrow band endoscopy imaging	(1)\$38,800	(1)\$30,300	(1)\$27,300	(1)\$47,300
	Anesthesia Panendoscopy & Colonfibroscopy	(NBI)", CO2 insufflation, AI colorectal polyp detection and customized anaesthesia for				
	with Al Colorectal Polyp Detection	gastrointestinal assessments, including	•			•
	Xincluding low-fiber diet	inflammation, ulcers, polyps, tumors or hemorrhoids.				
		The gut microbiome is critical to human health, not				
Theme Set - Gastrointestinal		only the gastrointestinal system but also the				
Examination	Fecal probiotics analysis	immunity and other organs. By testing specific probiotics, you will be able to gain an initial insight				
		of the intestinal microenvironment. You may be	•			•
		further advised to consider additional nutritional				
		counseling and improve the gastrointestinal system through dietary adjustments.				
	Amylase	A test to screen gastrointestinal bleeding caused	•			•
		by tumors, ulcers or inflammation. A lipoprotein (a) test is used to check for risk of				-
	Lipoprotein A	stroke, heart attack, or other heart diseases.		•		•
	high-sensitivity C-reactive protein Homocysteine	one of the markers of inflammation in the body. Risk assessment for cardiovascular diseases.		•		•
		Cardiac output assessment and screening of heart		-		•
	2-D ECHO of Heart	valve stenosis, prolapse or regurgitation.		•		•
	Extra-Cranial Carotid dopplar scan	Cerebral blood flow assessment for the screening of carotid artery sclerosis or stenosis.		•		•
	Serum Electrolytes	An assessment for blood electrolyte homeostasis to				
	1. Sodium 2. Potassium 3. Chloride 4. Calcium	reflect kidney, endocrine functions or nutritional status.		•		•
Theme Set -		The screening of allergies and testing for 24				
Cardiovascular	Total IgE 、 Common allergens 24 items	Common Allergens Including Microorganisms, Animal Fur, Rodents, Household Dust, Seafood,				
Examination		and Proteins.				
	24 Hours Continuous ECG Scan	Early detection of asymptomatic and paroxysmal		(Choose one of		(Choose one of th
	NT-ProBNP \ CoQ10 \ sdLDL	arrhythmias. Risk assessment for cardiovascular diseases.		the two options)		two options)
		Indicators for autonomic and parasympathetic				
	Heart Rate Variability	nervous system activities, functional indices and homeostasis to determine your emotions or stress				
		condition.		(Choose one of		(Choose one of th
	Nutrition Consultation	A one-on-one consultation with a professional		the two options)		two options)
		dietitian for the provision of dietary education as well as recommendation based on individual				
		physical status.				
	Pulmonary Function (Screening)	Assess lung capacity and airway patency to determine the presence of lung diseases or			•	
Theme Set - Lung		pulmonary function abnormalities.			-	
Examination	NSE	A diagnostic marker for small cell lung cancer. The best early screening tool for lung cancer! It			•	
	Low Dose Lung CT	can be used to specifically screen lung tumors,			•	
		pneumonia, granuloma or fibrosis.				
	Body Height	-	•	•	•	•
	Body Weight Waistline	-	•	•	•	•
	Body Fat Percentage		•	•	•	•
	Ideal Body Weight Body Mass Index	Index on elementary body Basic information established as baseline data for	•	•	•	•
General Examination	Composition elementary body				•	
General Examination	 Weight of Muscle Weight of Subcutaneous&Visceral Fat 	subsequent health exams.				
	3.weight of water		•	•	•	•
	4. Basal Metabolic Rate 5. Analysis of Obesity					
	6. Assessment of Edema				•	-
	Blood Pressure (sitting) Pulse Rate		•	•	•	•
Physical Examination	Physical Examination	A comprehensive inspection and assessment	•	•	•	•
		conducted by a physician.	-	-	-	-
Lung Examination	Chest X-ray,PA & L Lat. View	Pulmonary screening of inflammation, fibrosis, tuberculosis, tumors or cardiomegaly.	•	•	٠	•
	Triglyceride		•	•	•	•
	Total cholesterol HDL-C	Risk factors of cardiovascular diseases or	•	•	•	•
	LDL-C	atherosclerosis for risk assessments of cardiovascular diseases.	•	•	•	•
	Total/HDL Ratio		•	•	•	•
	LDL/HDL ratio NT-ProBNP	Risk assessment for cardiovascular diseases.	•	•	•	•
	Fasting blood sugar	Blood sugar level for diabetes screening.	•	•	٠	•
Cardiovascular and Metabolic System	Hemoglobin A1c	A form of hemoglobin that is measured primarily to identify the three-month average plasma glucose	•	- I	•	•
		concentration to evaluate blood sugar control.	-	-	-	
	AC Insulin	Insulin level assessment.	•	•	•	•
	Homeostasis Model Assessment of	Evaluating the ability of insulin to regulate blood sugar and determine if there is insulin resistance.	•	•	•	•
		This can be used to assess the risk of diabetes.			-	
	TSH Free T4	Screening for hyperthyroidism or hypothyroidism.	•	•	•	•
	Thyroid ECHO	Ultrasound screening of goiter or thyroid neoplasm.	-		-	
	Resting EKG	Screening of abnormalities such as myocardial ischemia, arrhythmia, cardiomegaly or bundle	•		•	•
		branch block.	-	-	-	-
			1	1		1
	Assessment of Atherosclerosis	Pulse wave velocity assessment in all four extremities for the screening of systemic arterial	•	•	•	•

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	Items	Descriptions / Prices	+ Gastrointestinal	+ Cardiovascular		
		Descriptions / Trees	Exam (M)\$32,300	Exam (M)\$25,800	(M)\$22,800	Cardiovascula Exam (M)\$42,800
			(F)\$36,800	(F)\$30,300	(F)\$27,300	(F)\$47,300
Cardiovascular and Metabolic System	Whole body Fat, DXA method	The use of "Dual energy X-ray absorptiometry (DEXA)" for systemic body fat distribution analysis. An assessment used for 10-year cardiovascular risk				
	10-year CVD Risk Score	prediction based on basic demographics and lipid profile.	•	•	•	•
	GOT, AST GPT, ALT	Liver function testing for hepatitis or liver cirrhosis screening.	•	•	•	•
	Total protein	Liver function, kidney disease and nutritional status	•	•	•	•
	Albumin Globulin	assessments.	•	•	•	•
	γ-GT	A diagnostic marker for liver diseases caused by	•	•	•	•
	Alkaline phosphatase	alcohol or drugs.	•	•	•	•
	Total bilirubin Direct bilirubin	The screening of bile duct anomalies, hemolysis or biliary obstructions.	•	•	•	•
Digestive System	Anti-HCV	The screening of hepatitis C virus infections or carriers.	٠	•	•	•
	HBsAg	The screening of hepatitis B virus infections or	•	•	•	•
	Anti-HBs	carriers. The screening of immunity against hepatitis B virus.	•	•	•	•
	OB, EIA	A test to screen gastrointestinal bleeding caused by tumors, ulcers or inflammation.		•	•	
	Upper Abdominal Sonography	A sonography for screening liver, gallbladder, pancreas, spleen and kidney diseases, including stones, tumors, liver cirrhosis, fatty liver or structural	•	•	•	•
		anomalies.	•	•	•	•
	Blood urea nitrogen Uric acid	Kidney function assessment. An indicator for hyperuricemia or gout.	•	•	•	•
	Creatinine	Kidney function assessment.	•	•	•	•
	eGFR	A routine urine test for the screening of	•	•	•	•
Kidney and Urology	Urine routine examination and Sediment	renal/bladder diseases, urinary stone, urinary tract infection, diabetes or hepatobiliary disease. Early kidney function assessment for	•	•	•	•
	Microalbumin	glomerulonephropathy. X Please collect a mid-stream urine sample in the				
	Creatinine, U	early morning. (do not collect the first or last part during urination)				
Hematology	Complete Blood Counts 1. Leukocytes 2. Erythrocytes 3. Hemoglobin 4. Hematocrit 5. MCV 6. MCH 7. MCHC 8. RDW 9. Platelet	The use of blood cell counts for inflammation, infection or anemia assessments.	•	•	•	•
	Differential Counts 1.Neutrophil 2.Lymphocyte 3.Monocyte 4.Eosinophil 5.Basophil	The screening of inflammation, infection, allergy or leukemia.	•	•	•	•
	Ferritin	Checking iron storage and evaluating iron deficiency anemia, chronic illness and chronic inflammation.	•	•	•	٠
	Alpha-fetoprotein	A diagnostic marker for liver cancer.	•	•	•	•
	CEA	A diagnostic marker for lung adenocarcioma, colon cancer or gastrointestinal cancer.	•	•	•	•
	CA19-9	A diagnostic marker for pancreatic cancer or bile duct cancer.	•	•	•	•
Tumor Biomarker	PSA		Male Only	Male Only	Male Only	Male Only
	Free PSA	A diagnostic marker for prostate cancer.	Male Only	Male Only	Male Only	Male Only
	CA 125	A diagnostic marker for ovarian cancer or endometrial cancer.	Female Only	Female Only	Female Only	Female Only
	CA15-3	A diagnostic marker for breast cancer.	Female Only 1	Female Only 1	Female Only 1	Female Only
	Breast ECHO	Screening breast disease like tumor,or cysts.	(Choose one of the two options)	(Choose one of the two options)	(Choose one of the two options)	(Choose one of two options)
Female Breast Examination	3D Tomosynthesis	Taking multi-angle images of the breasts and using computer reconstruction can more accurately distinguish real lesions from overlapping and uneven breast tissue, improving the accuracy of interpretation. It is recommended for women over 40 years old to undergo this examination.	Female Only 2 (Choose one of the two options)	Female Only 2 (Choose one of the two options)	Female Only 2 (Choose one of the two options)	Female Only 2 (Choose one of two options)
	Gynecology	Vaginal examination and history taking by an gynecologist.	Female Only	Female Only	Female Only	Female Only
	Thin PREP Pap smear	A thin Prep cytological test (TCT) for the screening	Female Only	Female Only	Female Only	Female Only
Female medicine	Human papilloma virus test	of cervical cancer A test of human pallilomavirus (HPV) for the	. c. loi o o liy	. childio Only		. cindio Only
	Gynecological ECHO	screening of cervical cancer risks. To check structural disease in the uterus or ovaries	Female Only	Female Only	Female Only	Female Only
Skeletal System	KUB & LS Spine Lateral View	such as tumors or cysts. The screening of bowel obstruction, gallstones,urinary stone or lumbar/pelvic/hip			•	• emule Only
	C-spine X-Ray	diseases. To detect abnormalities in cervical spines, including spurs, spondylolisthesis or intervertebral	•	•	•	•
	Left Hip,BMD	stenosis. The use of "dual-energy X-ray absorptiometry (DEXA)" for key points bone mass measurement to	•	•	•	•
Eve Examination	Optical Coherence Tomography	screen bone mass reduction or osteoporosis. Check macular degeneration, retinopathy, and	•	•	•	•
		optic neuropathy.		-		-
Eye Examination	Visual Acuity Ishihara Test for Color vision	Vision and color differentiation check up.	•	•	•	•

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Categories	Items	Descriptions / Prices	Standard + Gastrointestinal Exam (M)\$32,300 (F)\$36,800	Tel : 412-8006(For dire Standard + Cardiovascular Exam (M)\$25,800 (F)\$30,300	Standard + Lung Exam (M)\$22,800 (F)\$27,300	Standard + Gastrointestinal & Cardiovascular Exam (M)\$42,800 (F)\$47,300
ENT Examination	Pure Tone Audiometry 500~8000Hz	confined space. (500, 1000, 2000, 3000, 4000, 6000 or 8000Hz)	•	•	•	•
Nutrient & Mineral	25-OH Vitamin D,Total	One kind of fat-soluble vitamin lipovitamin used for in vivo calcium and phosphrous homeostasis.	•	•	•	•
	Vitamin B12	Also known as cobalamin, it can assist the metabolism of crbohydrate, protein and fat; maintain the normal function of the nervous system, promote the formation and regeneration of red blood cells, prevent anemia, and reduce the risk factor of vascular sclerosis homocysteine.	•	•	•	•
	Folic acid	The relationship between folic acid and vitamin B12 is very close, as they are key substances in the hematopoietic system, earning them the designation of hematopoietic vitamins. They are essential elements for the synthesis of red blood cells in the bone marrow, playing a crucial role in cell division. Additionally, they can reduce the risk factors for atherosclerosis, such as homocysteine.	•	•	•	•
Consultation	Medical Consultation	A service provided by an attending physician, including report descriptions, patient education and recommendations for subsequent managements or follow-ups.	•	•	•	•
	Health examination suit Exclusive meal		•	•	•	•

Notes:
(1) All of the above health services will be conducted in either Dun-Ping or Fu-Lin Clinic.
We have the right to change inspection contents, items or service fees. In case of any amendments, shall you adopt the most recent updates.
(2) If the above health examination programs were not to your satisfaction, please don't hesitate to contact us for further information or customized health examination programs.
(3) The contents of the health examination package cannot be exchanged or refunded.
(4) Expiration Date:2025.04.01-2025.12.31